

UNITED STATES DISTRICT COURT
SOUTHERN DISTRICT OF FLORIDA

UNITED STATES OF AMERICA,

Plaintiff,

VS.

CASE NO. 21-60171-CR-SMITH

CINDI ELLIS DENTON,

Defendant.

_____ /

SUPPLEMENT TO SENTENCING MEMORANDUM

COMES NOW, the Defendant, CINDI ELLIS DENTON, by and through her undersigned counsel and files this Supplement to Sentencing Memorandum for the court's consideration at Sentencing, and states as follows:

1. On September 26, 2021, the Defendant filed her Sentencing Memorandum [DE: 44]. This is in support of the section, at page 7, titled: The New Pandemic, the Delta Variant COVID-19 Strain and Ms. Denton's Risk Factors. Based on Ms. Denton's height of 5'5" and a weight of 210 lbs., her Body Mass Index (BMI) is 34.9, which is in the Obese category per the Centers for Disease Control and Prevention (CDC). The Obese category begins at 30.0 and above. *See* the attached Exhibit "1" which is the CDC's Adult BMI Calculator.

WHEREFORE, Defendant, **CINDI ELLIS DENTON**, respectfully requests that the Court consider this Supplement to Sentencing Memorandum.

Respectfully submitted,

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CERTIFICATE OF SERVICE

I HEREBY CERTIFY that a true and correct copy of the foregoing was electronically filed with the Clerk of Court using CM/ECF this 29th day of September 2021.

BY: s/Manuel Gonzalez, Jr.
MANUEL GONZALEZ, JR., ESQ.

EXHIBIT
“1”

Adult BMI Calculator

COVID-19: Obesity and Excess Weight Increase Severe Illness Risk; Racial and Ethnic Disparities Persist

Adult BMI Calculator – Results

[Recalculate BMI](#)

For the information you entered:

Height: 5 feet, 5 inches

Weight: 210 pounds

Your BMI is **34.9**, indicating your weight is in the **Obese** category for adults of your height.

For your height, a healthy weight range would be from **111** to **150** pounds.

People who are overweight or obese are at higher risk for chronic conditions such as high blood pressure, diabetes, and high cholesterol.

Anyone who is overweight should try to avoid gaining additional weight. Additionally, if you are overweight with other risk factors (such as high LDL cholesterol, low HDL cholesterol, or high blood pressure), you should try to lose weight. Even modest weight loss may help lower the risk of disease. Talk with your healthcare provider to determine appropriate ways to lose weight.

For information about the importance of a healthy diet and physical activity in reaching a healthy weight, visit [Healthy Weight](#).

BMI Healthy Weight

BMI	Weight Status
Below 18.5	Underweight
18.5—24.9	Healthy
25.0—29.9	Overweight
30.0 and Above	Obese

Related Resources

- [What is BMI?](#)
- [How is BMI used?](#)
- [What are the BMI trends for adults in the United States?](#)
- [Why is BMI used to measure overweight and obesity?](#)
- [What are other ways to assess excess body fatness?](#)
- [How is BMI calculated?](#)
- [How is BMI interpreted for adults?](#)
- [Is BMI interpreted the same way for children and teens as it is for adults?](#)
- [How good is BMI as an indicator of body fatness?](#)
- [If an athlete or other person with a lot of muscle has a BMI over 25, is that person still considered to be overweight?](#)
- [What are the health consequences of obesity for adults?](#)

Share the Adult BMI Calculator Widget

A widget is an application that can be used by partners to display featured content directly on their desktops, websites, or social media. Widgets can also be shared with friends.

BMI is a reliable indicator of body fatness for most people. It is used to screen for weight categories that may lead to health problems. Including this widget on your application will allow people to calculate their BMI and see the corresponding weight category. It also provides information on what BMI is.

Adding the code below to your web site will generate the widget.

BMI For Adults Widget

Body Mass Index (BMI)
Calculator for Adults

Calculator [What is BMI?](#)

Calculate Your BMI
English | Metric

Height:
 feet inch(es)

Weight:
 pounds
(8 ounces = .5 pounds)

[Info](#)
Grab This Widget

Copy the code below for this widget

```
<h3>BMI For Adults Widget</h3>  
<br /><br /><br /><br /><p>  
<iframe  
src='https://www.cdc.gov/healthyw  
eight/assessing/adult-  
widget/iframe.html'  
frameborder='0' style='border:  
none;' width='170'
```

Page last reviewed: September 17, 2020